

# FACEFORMER<sup>®</sup> FACY

by Dr. Berndsen

## FACEFORMER METHOD



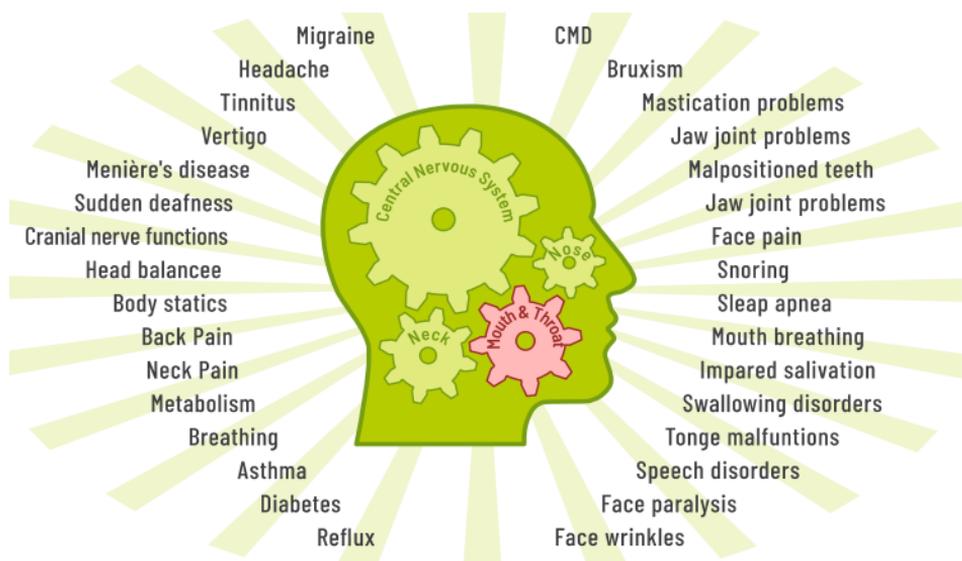
TREAT THE CAUSES  
CORRECTION  
PREVENTION

unique • easy to use • effective



# Orofacial Function System

## Many symptoms - One cause



**CCDS - Cranio Cervical Dysfunction Syndrome**

Berndsen/Berndsen

## FaceFormer Method - The solution

The causal correction of elementary disorders of the head, face, mouth and throat is the main focus of the FaceFormer therapy method.

## Developed from brain research and practice

The FaceFormer Method was developed on the foundation of modern findings in brain research and has been successfully applied in practice for many years. Its high effectiveness has been confirmed in numerous scientific studies.

## Postures and functions are changed through constant practice

The FaceFormer Method is a training program that can be easily integrated into everyday life. It strengthens and harmonises elementary functions such as breathing, swallowing, speaking, tongue function, hearing, head balance and body posture.

## Components

1. Highly flexible membrane for shielding and creating negative pressure in the mouth and throat
2. stimulus-reactive training lip wedge precisely adapted to distance and strength



## Quality Made in Germany

The FaceFormer is an approved, pollutant-free medical device.

Dr. Berndsen - FaceFormer  
Pharmacy: PZN 02204468



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## FaceFormer Method - Little effort, lasting success

Only a few minutes of FaceFormer training every day quickly leads to noticeable and lasting success. The positive results will motivate and convince you!

Feel the success!



## What users say about the FaceFormer Method

- **Breathing** *I am amazed at how positively the FaceFormer affects breathing.*
- **Bruxism** *I no longer grit my teeth and feel much more comfortable.*
- **CMD** *The pain decreased significantly after a short time.*
- **Snoring** *Very easy handling. I don't snore any longer.*
- **Sleep apnea** *The FaceFormer Method helped me treat my severe OSA.*



## Act now! Training with the FaceFormer Method.

### For more harmony, health and quality of life

Regular training with the FaceFormer coordinates muscles and tightens tissue. The neuro-scientific based exercises erase incorrect posture and movement patterns and replace them with correct biological functions. The FaceFormer method has already helped hundreds of thousands of people worldwide to achieve lasting success.



Unique!

### The FaceFormer therapy method corrects important causes of

**Sleep** snoring, sleep apnea, sleep disorders **Orthodontics/dentistry** tooth malposition, temporomandibular joint disorders, CMD, teeth grinding, dental prosthetics, chewing functions  
**Speech therapy/physiotherapy** swallowing, disorders, tongue malfunctions, functional speech disorders, paralysis of mouth and face **ENT** hearing loss, tinnitus, Dizziness, Meniér's disease, pressure balance in the middle ear, promote nasal breathing **Pain** migraine, headache, facial pain, neck pain, back pain **Breathing** sports, music, asthma **Metabolism** salivation, diabetes, reflux **Functional cosmetics** wrinkles **Behavior** pacifier weaning, thumb sucking, lip biting, mouth breathing

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presented by: